



RESEARCH STUDY: LYMPHATIC OMT PROTOCOL FOR HEALTHY INDIVIDUALS



Healthy Volunteers Needed

If you or someone you know would be interested in participating in a clinical trial, we invite you to contact our research study team.



What is the purpose of this study?

This study will compare the effects of OMT, light touch, and exercise on the immune system, particularly immune cells and signals, in healthy people.

Why participate?

- You may help provide a rationale for using OMT with inflammatory or immune-related conditions, and with the administration of vaccines.
- You will be compensated up to \$150 for participating in this study.
- You will contribute valuable information to advance the use of OMT in clinical settings.

Please contact us if ALL apply to you:

- Are healthy and aged 18 years or older and can attend 3 visits over a 6-week period.
- Can tolerate 12 minutes of moderate physical activity.
- Don't have a history of autoimmune disease or immunodeficiency.
- Are not taking any immune-altering medications.



Interested?
e-mail us at:

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Western University IRB Protocol #:
P24/IRB/002